

NUTS
Almonds (Flaked)
Almonds (Ground)
Almonds Whole
Brazil Nuts
Cashew Nuts
Hazelnuts
Peanuts - Redskin
Pecans
Pine Nuts
Walnut (Halves)
Pistachios - Salted with shell
Pistachios - raw and shelled
DRIED FRUIT
Apricots
Apricots Unsulphured
Banana Chips
Blueberries
Cranberries
Currants
Dates
Raisins
Sultanas
Coconut Chips
Desiccated Coconut
Prunes
Cherries
Mixed peel
RICE, PASTA & NOODLES
Arborio

Basmati
Brown Long Grain
White Fusilli Pasta
Spaghetti
Long Grain Brown Rice (Organic)
Wholewheat Pasta
Brown Basmati Rice
Pudding Rice
Wild Rice
Orzo
Lupa Italian Macaroni
Noodles Nest - Wheat
OATS & CEREALS
Jumbo Oats
Muesli Base
Organic Muesli
Porridge Oats - ORGANIC
Cornflakes
Jumbo Oats - Organic
Crisped Rice
Cranberry Crunch
GRAINS
Barley
Bulgar Wheat
Cous Cous
Polenta
Quinoa
Buckwheat ORGANIC
DRIED HERBS & SPICES
Basil

Bay Leaves
Cinnamon (Ground)
Cinnamon sticks
Coriander (Ground)
Cumin (Ground)
Garam masala
Ginger (Ground)
Mixed Herbs
Mixed Spice
Mulling Spices
Nutmeg Ground
Oregano
Paprika
Parsley
Peppercorns (Black)
Rosemary
Sage
Sea Salt - Coarse
Thyme
Tumeric
Cumin Seeds
Chilli Powder
Caraway Seeds
Paprika - smoked
Coriander seeds
Medium Curry Powder
Sunflower Dukkah
The Montreal Blend
Carom Za'atar
Golden Masala
Raz el Hanout
Chilli Flakes
Spice and Green Everything Blend Jar

Fennel Seeds
Garic Granules
Mustard Powder
Cloves - whole
Mustard Seeds
Nutmeg Whole
Cayenne Pepper
Cardamom
BEANS & PULSES
Black Turtle Beans
Chick Peas
Kidney beans
Lentils (Brown)
Lentils (Green)
Lentils (Red)
Organic Red Lentils
Butterbeans
Black Eyed Beans
Green Lentils
Cannellini Beans
Chilli Flakes
Mung Beans
Haricot Beans - ORGANIC
SNACKS
Bombay mix
Roasted Soy Broad beans
Cranberries Yoghurt Coated
Garlic Sticks
Popping Corn
Pretzels - Rock Salted
Raisins Chocolate Coated

Wasabi Peas
British Roasted Fava Beans - Salt and Vinegar
British Roasted Peas - Salted
Chilli Bites
British Roasted Fava Beans - Chilli & Lime
SEEDS
Chia seeds
Linseeds/flax Seeds
Omega seed mix
Pumpkin Seeds
Sunflower Seeds
Sesame Seeds
Pumpkin (ORGANIC)
Sunflower (ORGANIC)
Poppy Seeds
INGREDIENTS
Bicarbarbonate of Soda
Cocoa powder
Sugar - Dark Brown Soft
Sugar - Light Soft Brown
Sugar - Demerara
Chocolate drops - milk
Chocolate drops - plain
Baking Powder Gluten free
Bicarbonate of Soda
Cacao Nibs - Organic
SOSMIX
Caster Sugar
Cyder Vinegar - Aspinal
Nutritional Yeast Flakes (B12)
Cornflour

Yorkshire Rapeseed Oil
Icing Sugar
LAUNDRY & CLEANING
Fabric Conditioner
Laundry Liquid
Multi-Purpose Spray
Toilet Cleaner
Washing-up Liquid
Bio D - multi-surface CONCENTRATE
Bio D Bathroom
Ecoleaf Washing Powder
Floor Cleaner - Almond
Bio D Home and Garden
CONFECTIONARY
Sugar Coated Vegan Chocolate Buttons
DRINKS
Cadbury's Hot Chocolate
Earl Grey Tea
Locally Roasted Coffee Beans
Loose English Breakfast Tea - Canton Tea
Loose Green Tea - Canton Tea
Loose Berry Tea - Canton Tea
Clipper Instant Hot Chocolate
Ground Coffee
Mint Tea
BDY, HAND & HAIR
Handwash
Faith in Nature Bodywash Coconut

Suma Conditioner
Suma Shampoo
Faith in Nature bodywash - Lavender and Geranium
Cole and lewis body lotion
Cole & Lewis Hair & Body wash
Cole & Lewis Shampoo
Cole & Lewis Conditioner
Kitenest Dry Shampoo
Eden Shampoo and Bodywash
Organic Castile Soap multi wash
DentTabs Tooth Tabs (Min 40g)
Alter/Native T/Tree Bodywash
Alter/Native Simple Bodywash
Alter/Native Lavender B/wash
Alter/Native Grapefruit B/wash
Alter/Native Coffee B/wash
Miniml Bodywash/Bubblebath
Miniml Grapefruit/Aloe Shampoo
Miniml Grapefruit/Aloe Conditioner
Pitt Balm - Grapefruit
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Jumbo Oats
Muesli Base
Organic Muesli
Porridge Oats - ORGANIC
Cornflakes
Jumbo Oats - Organic
Crisped Rice
Cranberry Crunch